



# EXAMPLE MENU

## MONDAY

### Soup of the Day

Served with Fresh  
Homemade Wholemeal  
Bread

### Dish of the Day

Tuscan Chicken Sausages  
with Cannellini Beans in  
Tomato Herb Sauce  
With Mashed Potatoes

### Vegetarian Dish of the Day

Veggie Sausage Casserole  
& Beans

### Seasonal Vegetables

### Dessert

Apple and Blackberry  
Crumble with Cream  
Fresh Fruit  
Yoghurt

## TUESDAY

### Soup of the Day

Served with Fresh  
Homemade Wholemeal  
Bread

### Dish of the Day

Korean Style Beef  
With Egg/Rice Noodles

### Vegetarian Dish of the Day

Vegetables Chow Main

### Seasonal Vegetables

### Dessert

Chocolate Sponge and  
Chocolate Custard  
Fresh Fruit  
Yoghurt

## WEDNESDAY

### Soup of the Day

Served with Fresh  
Homemade Wholemeal  
Bread

### Dish of the Day

Chicken & Broccoli Filo Pie  
With Roast Potatoes & Gravy

### Vegetarian Dish of the Day

Cheesy Stuffed Jacket

### Seasonal Vegetables

### Dessert

Homemade Fruit & Seed  
Granola Bars  
Fresh Fruit  
Yoghurt

## THURSDAY

### Soup of the Day

Served with Fresh  
Homemade Wholemeal  
Bread

### Dish of the Day

Lamb Bolognese with Penne  
Pasta & Cheese

### Vegetarian Dish of the Day

Soy & Lentil Bolognese

### Seasonal Vegetables

### Dessert

Oaty Cherry Cookie  
Fresh Fruit  
Yoghurt

## FRIDAY

### Soup of the Day

Served with Fresh  
Homemade Wholemeal  
Bread

### Dish of the Day

Pupil's Choice  
Salmon Fishcakes with  
Tartar Sauce and Lemon

### Vegetarian Dish of the Day

Mixed Bean Burritos

### Seasonal Vegetables

### Dessert

Mixed Berry Cheesecake  
Fresh Fruit  
Yoghurt

